



Trail First Aid Kit

Our lightest kit featuring the Easy Care™ system won't let you down when you need it. Super lightweight design with enough components to care for you and a friend. Don't hit the trail without it.

First Aid Manual / Instrument / Medication

- EZ Care™ Instructions
- *A Comprehensive Guide to Wilderness and Travel Medicine* (Dr Eric Weiss)
- Splinter Picker/Tick Remover Forceps
- Safety Pins (3)
- After Bite® Sting and Itch Relief (2)
- EMT Shears

Wound Care / Sprain / Blister

- EZ Care™ Instructions
- Butterfly Closure Strips (10)
- Tincture of Benzoin
- Antiseptic Towelettes (4)
- Sterile Gauze Dressings 7.5cm x 7.5cm & 5cm x 5cm (8)
- Non-Adherent Sterile Dressings (2)
- Conforming Gauze Bandage 5cm (2)
- Self-Adhesive Fabric Bandages (4)
- Knuckle Self-Adhesive Fabric Bandages (2)
- Q-Tips (4)
- Waterproof Tape 1.2cm x 10m
- Moleskin pre-cut and shaped (11)
- Benzoin Swabstick

Bleeding

- EZ Care™ Instructions
- Trauma Pad
- Nitrile Examination Gloves (2)
- Antimicrobial Handwipe

Items not included in NZ but recommended to complete the Trail kit:

- Ibuprofen (6)
- Aspirin (4)
- Antihistamine (diphenhydramine - 2)

Weight: 375g

Size: 7.5" x 4.5" x 2.25"